Dr Lai has engaged with education authorities through formal initiatives towards putting her research into the practical use in schools and teacher-training curricula.

Engaged in Dyslexia research for over twenty years, she has published regularly, both academic papers and books, and attended many conferences concentrated on Chinese children in Hong Kong and China. Her three most recent publications are:


Dr Lai is Director of The Manulife Centre for Children with Special Learning Difficulties of the Hongkong Polytechnic University. Here regular seminars for school teachers, parents, social workers and health care professionals are held which include speech and occupational therapists, and others who have contact with dyslexic children.

The ‘Summer Camps’ for dyslexic children held during school holidays are always over-subscribed and considered very beneficial on all fronts - to the children, the parents and the staff. For some years the Centre has been commissioned by the Education Bureau of the Hong Kong Government to train Chinese and English language teachers who will service the children with special need in schools throughout Hong Kong. It has trained over 1,400 teachers over a period of seven years since 2007. In 2014 staff of the centre translated the Dyslexia International’s online course into Chinese and is working on a proper Chinese language version believed to be more closely tailored to the particular needs of a character type of language like Chinese.