

John Stein has been pursuing his research on coloured filters for visual dyslexia and the importance of omega 3 fatty acids for the efficient working of the brain. He's shown that simple yellow or blue 'Oxford' filters are superior to multicoloured ones for alleviating children's visual reading problems. Furthermore in a study of nearly 100 8 yr olds randomly allocated either blue or yellow glasses, those benefiting from blue increased their reading age by 9 months after 3 months wearing them and those preferring yellow increased by 6 months, whereas using the alternative colour did not help them at all.

On the omega 3 front, in both prisons and in a school in an economically deprived area of London, he's found that giving people supplements containing the omega 3s, DHA & EPA, can significantly reduce their antisocial behaviour and violence.

He's also organised his 3rd OxfordKobe International Symposium on Dyslexia in Alphabetic and Logographic Scripts attended by nearly 40 world experts to share latest developments in the genetics, neurology, imaging, electrophysiology and treatment in English, German, Finnish, Persian, Korean, Japanese and Chinese dyslexia.